Torkom Saraydarian
_A Touch of Heart_
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Torkom Saraydarian was an Armenian philosopher and composer. He was raised in the Middle East in a musical family and travelled widely there before moving to the United States. Thus his music is an effort to synthesize Eastern and Western musical traditions. As Saraydarian writes “Music has only one goal: it has to serve humanity… It must educate, uplift, transform and heal.” His music is an expression of this aim. “People are built by the music they listen to. My music brings health, happiness, and offers new channels of inspiration.”

Torkom Saraydarian is concerned with the healing powers of music, especially when associated with creative visualization. As he writes “It is important that people not only listen to music but also use music as a means of unfoldment and as an expression of consciousness…Music has the power to dispel old elements and forms. Combined with thought and visualization, it can be a potent way for creative work. Music also helps you attract purer elements into your nature, destroy the old thought forms, and stimulate latent seeds of beauty.”

Visualization is an important tool for healing. Saraydarian advises “Listening to uplifting music and at the same time visualize it as if it were sounding all over the world, inducing great harmony and rhythm in human life. See great colors and inspiring forms and project the beauty to all places where disharmony and hatred exist. Visualize the exciting changes occurring in those fields.”

The heart is a powerful symbol for Saraydarian, and these piano solos are musical visualizations of the heart. The heart is the center flame from which radiates Love, Beauty, and Joy. The heart is the pulse of life, and the purpose of life is the expression of Beauty. As Saraydarian writes “Beauty evokes a synthetic response from all parts of our nature. This response may be joy, an expansion of awareness, a feeling of freedom, or a sense of synthesis and unity. It may surge through us as a feeling of deep gratitude, admiration, and a fiery aspiration toward purity.”

The heart is the temple of beauty. Beauty makes our personality strive towards the spiritual path because beauty stimulates the Spirit aspect of the person. Many will find spiritual stimulation in the music of Torkom Saraydarian. His work merits to be widely known.

Rene Wadlow

Painting: Lona Townsley